

PLAYDOUGH SCULPTING

SHAPE. SQUISH. CREATE!

Playdough sculpting is a fun, hands-on activity that helps toddlers explore their imagination, build skills and create anything they can dream up!



RECOMMENDED AGE
1-5 years



TIME
20-40 minutes



MESS LEVEL
★★★★★
Low mess
(easy to clean up!)



Little hands can make BIG creations!



WHAT YOU'LL NEED

- Playdough (homemade or store-bought)
- Play mat or clean surface
- Rolling pin
- Cookie cutters (optional)
- Plastic tools or knives (child-safe)
- Toothpicks or skewers (with supervision)
- Small items for texture (buttons, beads, leaves, etc.)
- Storage container or zip bag



SKILLS DEVELOPED

- ✓ Fine motor skills
- ✓ Creativity and imagination
- ✓ Hand strength and coordination
- ✓ Problem solving
- ✓ Spatial awareness
- ✓ Focus and concentration
- ✓ Self-expression and confidence



HOW TO SET UP

- 1 Choose a clean, flat surface and place a play mat.
- 2 Give your child the playdough and tools.
- 3 Show them the tools and how to use them safely.
- 4 Encourage them to explore, create and sculpt freely.
- 5 Store the playdough in a container when finished.



PLAY IDEAS



Make animals (big or small!).



Build flowers and gardens.



Create food and pretend play.



Design cars, trains and more.



Use tools to cut, roll and shape.



Make a self-portrait or a family.

TIPS & EXTRAS

- ✓ Keep playdough soft by storing it in an airtight container.
- ✓ Add a few drops of water if it starts to dry out.
- ✓ Let your child lead the play – there's no right or wrong!
- ✓ Take photos of their creations to celebrate their work.



TEXTURE IDEAS

Encourage your child to explore different textures using items like:



Shells



Lego bricks



Leaves



Buttons



Forks



SAFETY FIRST

- ✓ Always supervise your child.
- ✓ Use non-toxic playdough.
- ✓ Keep small items out of reach for younger children.
- ✓ Wash hands after play.



CHAOS TIP

Mess is part of the fun! Keep wipes or a damp cloth nearby and enjoy the creative process together.



LEARNING THROUGH PLAY

While sculpting, your toddler is learning:

- ✓ Cause and effect
- ✓ Planning and decision making
- ✓ Creativity
- ✓ Independence and confidence



SHARE THEIR CREATIONS!

We'd love to see your little sculptor at work! Tag @ToddlerChaosCo on Facebook or Instagram. #ToddlerChaosCo



Squish today, sculpt tomorrow!