

Ice Rescue

Rescue the Frozen Friends!

Turn a simple block of ice into an exciting rescue mission! Your little explorer will love melting the ice to free their favourite toys while developing important early learning skills.



Recommended Age
2–5 years



Time
15–20 minutes



Mess Level

★☆☆☆☆

Low mess (best played outside or on a tray)



Skills Developed

- ✓ Fine motor skills
- ✓ Problem-solving
- ✓ Hand-eye coordination
- ✓ Patience
- ✓ Cause and effect
- ✓ Sensory exploration



What You'll Need



Ice



Small plastic toys



Bowl or tray



Spoons



Cups



Warm water

(Optional)



Salt



Plastic pipette or turkey baster



How to Set Up

- 1 Place small toys in a container or ice cube tray.
- 2 Fill with water until the toys are covered.
- 3 Freeze overnight.
- 4 Place the ice block in a tray or bowl.
- 5 Give your toddler warm water, spoons, cups, or pipettes.
- 6 Let them melt the ice and rescue each toy.



Challenge Ideas

- ★ Rescue all the animals.
- ★ Sort the toys by colour.
- ★ Count how many toys were rescued.
- ★ Name each rescued animal.
- ★ Race against a timer.



Chaos Tip

Freeze different coloured toys or add a few drops of food colouring to the water to make the rescue even more exciting!



Safety First

- ✓ Always supervise children during water play.
- ✓ Use warm water only—never boiling water.
- ✓ Choose toys that are too large to be swallowed.



Learning Through Play

While your child is having fun, they're also learning about:

- ✓ Melting and temperature
- ✓ Science
- ✓ Problem-solving
- ✓ Concentration
- ✓ Fine motor control



Share Your Adventure

We'd love to see your little rescuer in action!

Tag @ToddlerChaosCo on Instagram or Facebook.

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