

FINGER PAINTING FUN

Get messy.
Get creative.
Have fun!

Little Hands, Big Masterpieces!

Let your toddler explore colours, textures, and creativity with a simple finger painting activity. There are no rules—just imagination, **messy fun**, and **lots of smiles**!



RECOMMENDED AGE
1–5 years



TIME
20–30 minutes



MESS LEVEL



High mess (worth every smile!)



SKILLS DEVELOPED

- ✓ Fine motor skills
- ✓ Creativity and imagination
- ✓ Hand-eye coordination
- ✓ Colour recognition
- ✓ Sensory exploration
- ✓ Self-expression



WHAT YOU'LL NEED



Washable, non-toxic finger paint



Large sheets of paper or cardboard



Apron or old clothes



Baby wipes or a damp cloth



Newspaper or a plastic tablecloth to protect your surface

OPTIONAL



Sponges



Forks



Leaves



Toy cars



Animal toys



HOW TO SET UP

- 1 Cover your table or floor with newspaper or a washable mat.
- 2 Tape a large sheet of paper to the surface so it doesn't slide.
- 3 Pour small amounts of washable paint onto a plate or paint tray.
- 4 Dress your toddler in old clothes or an apron.
- 5 Encourage them to explore colours using their fingers, hands, or even footprints (if you're feeling adventurous!).
- 6 Let the artwork dry before displaying it.



PLAY IDEAS



Mix two colours and see what new colour appears.



Make colourful handprints and footprints.



Drive toy cars through the paint to make tracks.



Paint leaves and stamp them onto the paper.



Use toy animals to create fun footprints.



Paint a rainbow using only fingerprints.



CHAOS TIP

Remember, the goal isn't a perfect picture—it's the joy of creating. Ask your toddler about their artwork instead of guessing what it is. Their imagination might surprise you!



SAFETY FIRST

- ✓ Always use non-toxic, washable paint.
- ✓ Supervise children at all times.
- ✓ Keep paint away from eyes and mouths.
- ✓ Wash hands thoroughly after play.



LEARNING THROUGH PLAY

While your toddler is busy creating, they're also learning:

- ✓ Colour mixing
- ✓ Cause and effect
- ✓ Sensory exploration
- ✓ Creativity
- ✓ Confidence
- ✓ Fine motor development
- ✓ Early writing skills through hand movements



SHARE YOUR MASTERPIECE

We'd love to see your little artist at work!

Tag @ToddlerChaosCo on Facebook or Instagram.

#ToddlerChaosCo



Messy today, masterpieces tomorrow!